



Doxy PEP



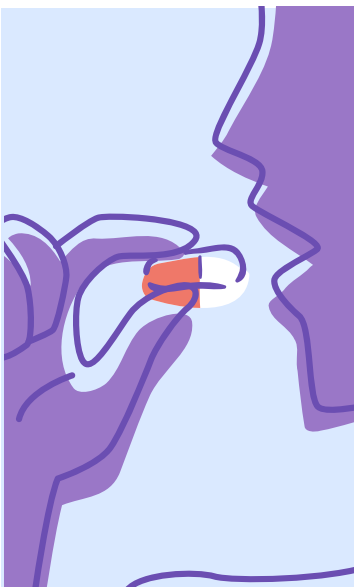
A New Tool to Help Prevent the Spread of Sexually Transmitted Infections

WHAT IS DOXY PEP? **AKA** doxycycline postexposure prophylaxis

Doxy PEP is a prevention method that involves taking the antibiotic doxycycline after sex to prevent getting a sexually transmitted infection (STI).

Taking doxy PEP reduces your chance of getting gonorrhea, chlamydia, and syphilis.

WHEN AND HOW SHOULD I TAKE DOXY PEP?



When: Take 200 mg (two 100 mg pills) of doxycycline as soon as possible, but no later than 72 hours after condomless sex.

Do not take more than 200 mg of doxycycline per 24 hours.

How: Take doxycycline with plenty of water so the pill does not get stuck when you swallow.

- Some people are more sensitive to the sun when they take doxycycline, so wear sunscreen.
- Do not share doxycycline with others, but do encourage others to talk to their provider about doxy PEP.
- Avoid dairy products, calcium, antacids, or multivitamins 2 hours before and after taking doxycycline.

IMPORTANT REMINDERS

- Routinely get tested for STIs every 3 months.
- Get tested for STIs if you experience any symptoms of an STI.
- Doxy PEP doesn't protect against viral STIs such as HIV, mpox, herpes, and HPV. *PrEP and PEP work for preventing HIV and condoms are effective in preventing all STIs. Consider exploring these options too!*
- If you are a person living with HIV, continue to take your medication(s) and see your health care provider regularly.

Want to learn more?
See these doxy PEP
FAQs !



As with any medical decision, we recommend having a conversation with your healthcare provider to determine if doxy PEP is right for you!



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