ALL YOU NEED TO KNOW ABOUT mpox

END THE SYNDEMIC · TENNESSEE

What is mpox?

Mpox (caused by the monkeypox virus) is an infection that is transmitted through close personal contact, including kissing, sex, and other skin-to-skin contact with a person who has mpox.

How can I prevent mpox?

Mpox vaccines are effective at protecting you from mpox!

Two doses provide the best protection.

What are mpox symptoms?

Rash, Bumps, or Blisters

Rash often begins on the face and spreads over the body, extending to the palms of the hands and soles of the feet. It can also start on other parts of the body where contact was made, such as the genitals. It starts as a flat sore, which develops into a blister filled with liquid that may be itchy or painful.

Other Symptoms:

- Fever
- Headache
- Muscle aches
- Chills
- Fatigue

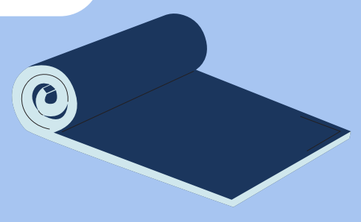
If you develop symptoms: isolate at home & contact a healthcare provider to get tested.

If you are diagnosed with mpox: inform close contacts.

How does mpox spread?

Direct contact with mpox sore or rash

Contact with respiratory secretions or prolonged face-to-face contact



Contact with shared objects like clothes, yoga mats, gym equipment, or towels

If you are exposed to mpox: get vaccinated, monitor your health, and practice good hygiene.

Scan to learn more about mpox