

ALL YOU NEED TO KNOW ABOUT

HEPATITIS B

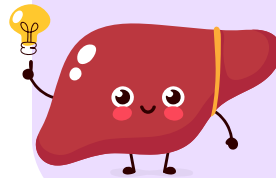
What is Hepatitis B?

Hepatitis B (HBV) is a vaccine-preventable infection of the liver caused by the hepatitis B virus.

The liver acts as the body's filter by removing toxins (harmful substances) from anything you eat, drink, inhale, inject, or otherwise put into your body.

Did You Know?

The liver is essential to your health. The liver helps with digestion and blood clotting.



You cannot survive without your liver!

Symptoms of Hepatitis B



yellowing of skin or eyes (jaundice)



stomach pain



nausea or vomiting



tiredness



fever



loss of appetite



Dark pee, pale poop, or diarrhea

Acute Hepatitis B

- Acute HBV is a short-term condition.
- Your body may clear the hepatitis B virus on its own.
- If your body does not clear the hepatitis B virus on its own, it will progress to a chronic condition.

VS

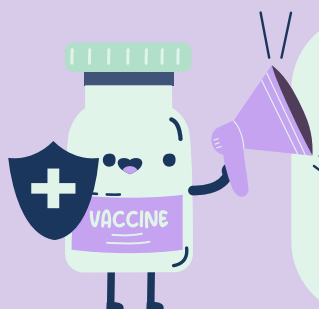
Chronic Hepatitis B

- HBV is a lifelong condition that is treatable, but not curable.
- Chances of developing chronic hepatitis B after acute hepatitis B decreases with age, from 90% of infants to 5% of adults developing chronic hepatitis B after acute hepatitis B.
- If untreated, serious complications such as cirrhosis (scarring of liver), liver cancer, and death can occur.

Get Vaccinated

Getting vaccinated is the best way to protect against hepatitis B!

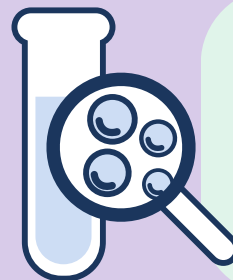
Ask your local health department or primary care provider about getting a vaccine today.



Get Tested

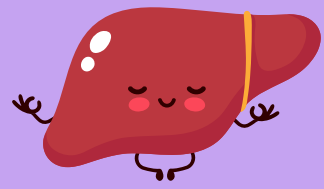
You can find out if you have hepatitis B by getting your blood drawn.

A blood test can also show if you have immunity to HBV or have been vaccinated.



WHAT YOU NEED TO KNOW ABOUT

Preventing Hepatitis B



How Does Hepatitis B Spread?

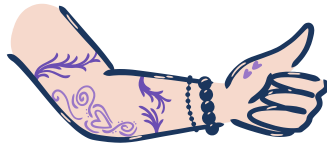
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Hepatitis B is spread when the blood of someone with hepatitis B mixes with tiny, invisible amounts of blood from someone without hepatitis B.

2

Hepatitis B can also be spread through other body fluids, such as semen, and/or be passed from mother to baby during pregnancy and childbirth.

Hepatitis B can also be spread through unsterile piercing and tattooing practices. Always go to a licensed facility.



Do NOT Share....

personal items that may come in contact with blood



Diabetic equipment



Nail clippers



Toothbrushes



Razors

injection or inhalation products



TREATMENT

- Liver damage can happen over months to years so early intervention is best.
- Treatment options focus on slowing the virus from causing more liver damage as there is no known cure yet for hepatitis B.
- Hepatitis B treatment varies which means it is especially important for you to ask a healthcare provider for guidance.

How To Protect Your Loved Ones



Cover wounds



Use condoms during sex



Clean surfaces with bleach solution

Next Steps

- Contact a healthcare provider for evaluation and treatment options. Your provider might refer you to a liver specialist.
- Keep all your appointments.
- Take medications as prescribed and follow your provider's instructions.

Do You Also Have HIV or Hepatitis C?

- Your body's ability to fight off hepatitis B may be lower than people who only have HBV.
- Liver damage can happen faster if you are living with HIV or hepatitis C.
- You might need to see a liver specialist in addition to your healthcare provider.

